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EASY READ TRANSITION OF CARE

WHAT YOU NEED TO KNOW



What is a transition of care?

A transition of care is when you move between:

- Places you go for care
- Different services.



For example, you might move between:

- Disability support services; and
- A hospital



There are risks when people with disability have a transition of care.

So we must make transitions of care safe.



How can transitions of care be safe?

A safe transition of care needs good communication between:

- You
- The people who support you



The people who support you can be:

- NDIS workers
- Health care workers
- Family members or friends
- Other supports and services



The people who support you can help you share information about your health with hospital staff.



This information can be about what:

- Medicines you take
- Things you may need to bring to hospital
- You need to help you communicate.



This information can also include other details about:

- Your health
- Other help you may need



If you know you must go to a hospital for a planned visit, the people who support you should talk to hospital staff before the visit.



The people who support you can also help you be ready to come home from the hospital.



This includes making a plan for you before you're ready to go home.



The plan should include if you need to change any supports when you leave the hospital.



These supports include:

- Health care
- Disability supports



If you want to know more information about transitions of care, you can go to the NDIS website.

www.ndiscommission.gov.au/workerresources