

Support Planning



- This information is written in an easy to read way.



- We use pictures to explain some ideas.



- You can ask for help to read this information.



- A family member, friend or support person may be able to help you.

How do we provide NDIS supports at ICAS?



- We work with each person, and their support network to assess support needs and develop a Support Plan.



- The Support Plan will show how we will work together to achieve goals.



- We will review the Support Plan with each person and their support network **at least once a year.**
- This is to make sure it is meeting each person's needs and goals.
- If not, it will be changed



- We make sure that our workers are trained to understand each person's needs and preferences.

About our Supports



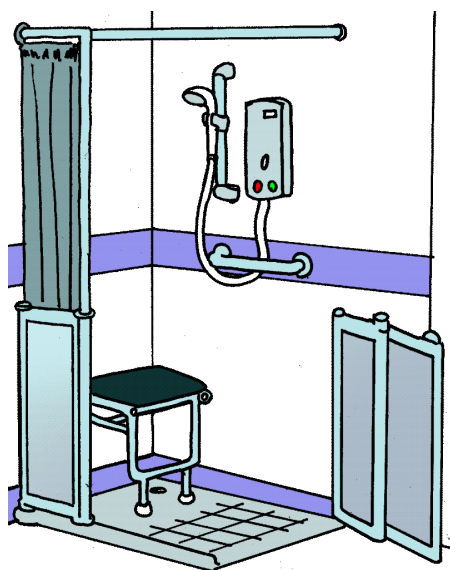
- We provide respite for families by providing a home away from home for child and adult participants.



- We can assist you in your home with daily task such as:
- Helping you cook and plan your meals.



- Getting ready for School and/or Work.



- Personal Care,
including showering,
dressing and other
daily living skills.



- Supporting you with community-based activities.
- Supporting you to socialise and with your friends and family.



- We support you to live independently within the local community.

Can I have my friend or family member help me decide?



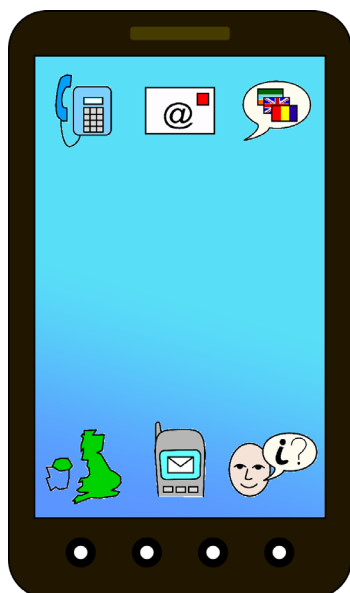
- **Yes** – you can choose a person to help you make decisions.

What if I change my mind?



- It is **OK** to change your mind.
- We will support you with every choice that you make.

Contact us



- You can call us to speak to one of our friendly staff
07) 3385 0529