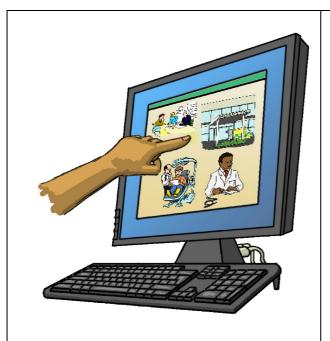


## **How Advocates Can Help**



 This information is written in an easy to read way.



 We use pictures to explain some ideas.





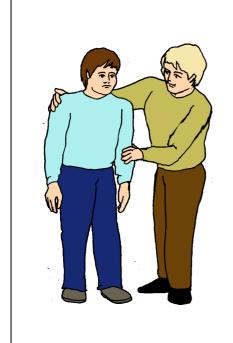
 You can ask for help to read this information.



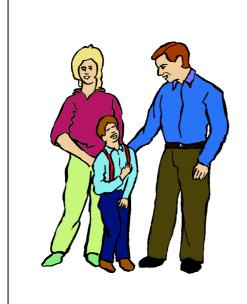
 A family member, friend or support person may be able to help you.



## What is an advocate?

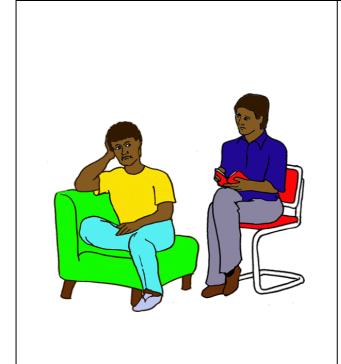


 An advocate is someone you trust who can help you to tell us what you want or need.



 An advocate can be a friend, family member, or from an advocacy service.





 An advocate can help you in many ways if you have a problem.



## An advocate can help you:

- make decisions; say what you want; understand decisions
- help you if you have complaints, or
- are feeling unsafe.



## How to find an Advocate?



 You can ask any of our staff



 You can find a list of advocacy services through this link:
 <u>Disability Advocacy</u>
 <u>Finder</u>





You can call us to speak to one of our friendly staff
07) 3385 0529